



# ROXBURY CENTER FOR LEARNING & LEADERSHIP

*Powered by cutting-edge brain science, this premium offering provides custom pathways to success based on each student's individual goals.*



## About the Roxbury Center

The Roxbury Center for Learning & Leadership (CLL) is the latest evolution in Cheshire Academy's long legacy of personalized education, reimagined for today's learners. The Roxbury Center has transcended traditional academic support, offering a neuroscience-driven program for every student.

Grounded in **Mind, Brain, and Education (MBE) research**, students meet with MBE-trained faculty to design a personal pathway aligned to their unique goals. Five Personal Pathways—**Academic Excellence, Student Athlete, Aspiring Leader, Executive Function & Cognitive Strengthening, and English Language Learner**—provide tailored one-to-one and small-group coaching.

Join a culture of curiosity, connection, and growth, where every member of the community has tools to learn effectively, think critically, and succeed comprehensively.

## How Will I Benefit from the Roxbury Center?

This program integrates the latest research from the field of MBE—where neuroscience, psychology, and pedagogy converge to give us unprecedented insight into how adolescents learn, grow, and thrive.

**The science is clear:** If you understand how your brain works, you can better unlock your potential. You'll develop metacognition, self-awareness, and agency—and you'll transform, becoming the architect of your own learning.

This knowledge is applied across every dimension of school life. The result is transformational: heightened confidence, sharper executive function, and the critical thinking and self-awareness to flourish as purposeful global citizens.

You'll become a resilient, self-aware learner who recognizes and uses your own learning strategies. **You'll match your strengths and goals with the strategies and support that will help you reach your fullest potential.**



## Personal Pathways



### Academic Excellence

Designed for top scholars — whether pursuing our International Baccalaureate® Diploma, Global Citizenship Diploma Distinction, or charting your own rigorous course, this pathway will serve your needs through:

- Personal coaching
- Stress management
- Executive function strategies (including task prioritization)

### Student Athlete

For our scholar-athletes – elite performers in a sport, those working toward college recruitment, and busy multi-sport varsity athletes. This pathway will serve your needs through a focus on sport psychology and managing the dynamics of being a highly driven athlete in an academic environment. Focus on healthy habits of body and mind, time-management, and stress-reduction.

### Custom Levels

#### Premier

1:1 coaching (hours equal to full-credit course) with regular feedback from teachers, coaches, advisors, dorm parents, or deans; reports home at a cadence to support growth

#### Signature

1:1 coaching sessions 1-2x weekly with regular feedback

#### Collaborative

Groups of 2-3 meet with instructor 1-2x weekly with quarterly progress reports

#### Classic

1:1 coaching 1x weekly with bi-weekly faculty feedback

### Aspiring Leader

Crafted for current and emerging leaders. Learn problem-solving, judgment, ethical decision making, and analytical discernment. Receive guidance in:

- Balancing academics and leadership
- Executive coaching
- Relational dynamics
- Complex decision-making

### Executive Function & Cognitive Strengthening

Reach your potential through dedicated academic coaching support, with feedback from teachers and reports home at a cadence to meet each student's needs. Focus on:

- Executive function
- Habits of mind
- Development of transfer skills
- Real-life learning and success strategies

There is also a heavy emphasis on social-emotional learning and confidence building.

### English Language Learner (ELL)

Develop your English skills or receive extra support adjusting to English-based academics. This pathway is designed to help you move out of ELL classes as quickly as you are ready. It's not tutoring — it's personalized coaching that helps students master academic English faster.

The goal is independence: understanding assignments, participating confidently in class, and succeeding across all subjects. You will:

- Understand American classroom expectations and communication styles
- Build your confidence in one-on-one or small group coaching sessions
- Benefit from a structured support system helping you transition smoothly into U.S. boarding school life

The Roxbury CLL is a supplemental, variable fee-based program and costs are not included in tuition.

#### Premier

\$12,750

#### Signature

\$8,500

#### Collaborative

\$4,400

#### Classic

\$3,990

**"After only a couple of weeks I started to see the results. It takes a small classroom and makes it even smaller. It's like you have your own personal academic assistant. I don't think I'd be the person I am today without the Roxbury program."**

*- Trevor, Cheshire Academy alum*

