

ATHLETICS

COLLEGE-PREP PROGRAM

Strength. Determination. Success.

Cheshire Academy, a coeducational independent school for grades 9-12 and postgraduate, encourages student-athletes to maximize their potential and develops in every student the confidence, character, and critical thinking skills that enable them to thrive as teammates and as engaged global citizens.

Playing for the Cats sets student-athletes up for success – in college and beyond, both on and off the playing field. Cheshire Academy alumni are competing at the highest level.

Facilities & Fitness

We offer a full range of athletic facilities, including a resurfaced collegiate-level football field and six-lane track, a new multi-purpose synthetic turf field, baseball field and a new softball field, a two-court basketball and volleyball gymnasium, nine tennis courts, a comprehensive weight room and athletic training facility, and more.

Cheshire Academy's athletics department is committed to helping students practice good habits of health and safety in sports. Our board certified athletic trainers work closely with students to help them avoid injury and take an active role in their rehabilitation when injuries do occur.

Cats in College

Guided by experienced, dedicated coaches, trainers, and college counselors, our student-athletes graduate ready for what's next. The Cats have sent countless graduates to play on the collegiate level – many with NCAA Division I commitments. **Nearly 40% of recent graduates went on to play collegiate athletics.**



A Winning History

In addition to the numerous graduates in college sports, you'll see Cheshire graduates in the Olympics and in careers as professional athletes. At CA, it's not uncommon to experience undefeated seasons, broken records, state championships, and league wins.



From Here to Anywhere

Dedicated College Counseling

Juggling demanding athletics and academic schedules can make the college application process difficult. Our college counseling team is committed to finding the right fit school for every student – and student-athlete. Recent graduates have attended top colleges and universities, including:

- **Boston College**
- **Duke University**
- **Hofstra University**
- **Fairfield University**
- **Northeastern University**
- **Penn State**
- **Stamford University**
- **University of Connecticut**
- **University of Maryland**
- **University of Miami**
- **University of South Carolina**
- **University of Southern California**
- **Villanova University**
- **Yale University**

...and more!

Straight from Our Cats

"As a varsity basketball player, I am able to balance my athletic and academic schedule through responsibility and time management ... all of the opportunities here have allowed me to achieve beyond what I imagined."

– **Shreeya, day student**

"Never let anyone tell you that you aren't good enough, or that your dreams are too big. You can achieve anything you dream with hard work, discipline, and dedication!"

– **Alexis Holmes '18, Olympic Gold Medalist**



"My coaches at CA have all been not only great coaches, but great people. On and off the field, they look for ways to help their athletes become better students, players, and individuals. In just one year working with CA coaches, I've experienced more growth in my game than ever before."

– **Drew, boarding student, DI recruit**

"I used to walk into Gillette Stadium with my dad and dream of one day being a New England Patriot. Now it has become a reality. I have to thank CA for helping prepare me for life's challenges and opportunities."

– **Coby Tippet '17, New England Patriots Assistant Coach**

Go Cats!

Cheshire Academy offers a wide range of athletics options, at all levels, to match the interests and needs of our student-athletes.

Fall

- Cross Country (Coed)
- Football
- Soccer (Boys & Girls)
- Volleyball
- *Recreational Fencing, Fitness, Golf, & Tennis*

Winter

- Basketball (Boys & Girls)
- Fencing (Coed)
- *Recreational Fitness*
- *Ski & Snowboard Club*
- Varsity Strength and Conditioning
- Yoga

Spring

- Baseball
- Golf (Coed)
- Lacrosse (Boys & Girls)
- *Recreational Fitness*
- Softball
- Tennis (Boys & Girls)
- Track & Field (Coed)

