



Choosing the right high school is an important decision for all students—especially student-athletes. Independent schools are a great resource for students looking to improve upon their athletic talent, to make a name for themselves, and to reach the next level of their athletic career.

Student-athletes who attend independent schools compete in leagues designed specifically with proper rules and regulations in mind. These differ from most public school leagues and offer student-athletes an advantage as they prepare to attend elite colleges and universities known for their athletic programs.

Here are the top five reasons why an independent school might be the right choice for an accomplished student-athlete:

1 Independent schools offer greater college exposure and placement.
Coaches work tirelessly to help place student-athletes in top college athletic programs. College coaches frequently visit independent school campuses to evaluate players or to attend athletic contests. And schools like Cheshire Academy have a strong track record of sending players to renown colleges across the country.

2 Driven individuals result in a higher level of talent, competition, and outcomes.
Many college-preparatory schools in the northeast are members of the New England Preparatory School Athletic Council. The level of play at NEPSAC schools is significantly higher than in most public school programs, and student-athletes have the opportunity to train with some of the most talented players in the world and are guided by experienced coaching staff who are dedicated to achieving positive results on the field.

3 Dedicated year-round training, on and off the field.
Cheshire Academy coaches have continuous access to their student-athletes. In addition to the regular playing season (fall, winter, or spring), there are pre-season and

post-season training periods that offer each student-athlete individualized skill instruction to maximize their performance on game day. Every student-athlete receives personal attention from coaches and school staff to ensure a seamless college recruitment process.

4 College counselors are experts on the athletic recruiting process.
Ready to help your student reach the next level in their athletic career, college counselors at independent schools are well-versed in the eligibility requirements for Division-I and Division-II scholarships set forth by the National Collegiate Athletic Association. The NCAA regulates student-athletes from over 1,200 North American institutions and conferences—including Cheshire Academy.

5 There are full-time coaches on staff.
These coaches bring extensive college and preparatory school experience. They have a knowledge and understanding of the college recruitment process, from the first time a student steps onto the field to meetings with collegiate-level recruiters. These coaches are part of a large network, with valuable connections and important relationships with coaches at colleges and universities across the country.

Take the next step.

Learn more about Cheshire Academy by reaching out to our Admission Office. You can schedule an online chat, a Zoom meeting, or a phone call. And, when the time is right, you can visit the CA campus. We look forward to meeting you.

**CHESHIRE
ACADEMY**
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**Grades 9-12 and Postgraduate
Coed, Boarding and Day**

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