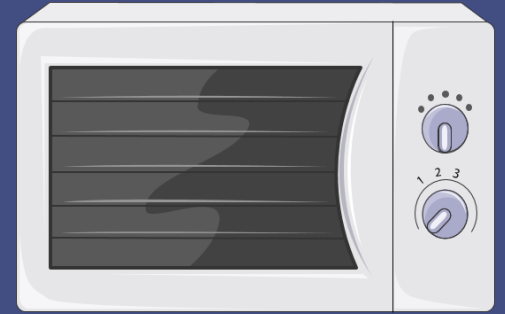


THIS WEEKEND AT CA ...



JOIN US WEEKLY FOR ... **MICROWIZ!**

A microwave cooking class
Friday, Sept 4th, 8-8:30 pm



This week ... chocolate chip cookies in a cup!

Pick up your ingredients in the Student Center by 7:45 pm. Stay cook or return to your dorm and follow along virtually ...



Chocolate Chip Cookie in a Cup

Prep Time 5 mins Cook Time 1 min Total Time 6 mins

Ingredients

- 1 Tablespoon Butter
- 1 Tablespoon Granulated White Sugar
- 1 Tablespoon of firmly packed Dark Brown Sugar
- 3 Drops of Vanilla Extract
- Small Pinch of Kosher Salt
- 1 Egg Yolk discard the egg white or save for different recipe
- Scant 1/4 of All Purpose Flour slightly less than 1/4 of a cup
- 2 heaping tablespoons of Semi Sweet Chocolate Chips plus more for topping

Instructions

Start by melting your butter in the microwave. Butter should just be melted, not boiling.

Add sugars, vanilla and salt. Stir to combine.

Separate your egg and add the yolk only to your cup. Stir to combine.

Add flour, then stir again. Measure a scant, slightly less than full, 1/4 cup of all-purpose flour.

Add the chocolate chips, and give a final stir. Now your mixture will look like cookie dough. Add a few chocolate chips to the top of the cookie dough.

Cook in microwave 40-60 seconds, start checking for doneness at 40 seconds. Mine takes 50 seconds.

Do not cook past one minute, just like a regular cookie, this will continue cooking as it cools. If the cookie is dry or cake like, try less time.

Serve warm.



Open Music Room

Friday, Sept. 4th

7 -10 pm

Student Center



Don't forget
your mask!

Fast Food Run

Friday, September 4th 7:00 & 8:30 PM



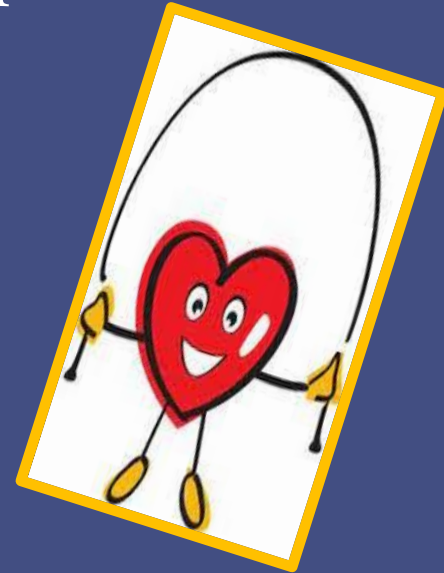
Be sure to register for a shuttle time in advance to reserve a spot, maximum of 8 students per trip.

Virtual Fitness Class

Saturday, Sept. 5th

10:00 – 11:00 am

Join Here via Zoom



Can **YOU** get a hole in one?



Saturday, Sept. 5th

12:30 pm-4 pm

Sleep Giant Golf Course 9

Hole Golf

Only 8 spots available!

\$22.00 cash or check ONLY

[CLICK HERE TO REGISTER](#)



Enjoy summer's last few days

... at the **BEACH!**

Saturday, September 5th

1:00 – 5:00 pm

****You will be going to a private beach where only members of the CA Community will be present****



[Click here to register, only 8 spots available!](#)



LAWN GAMES!

SATURDAY the 5TH & SUNDAY the 6th
3:00 – 5:00 PM



Spikeball, cornhole,
frisbee, bottle bash
& more!



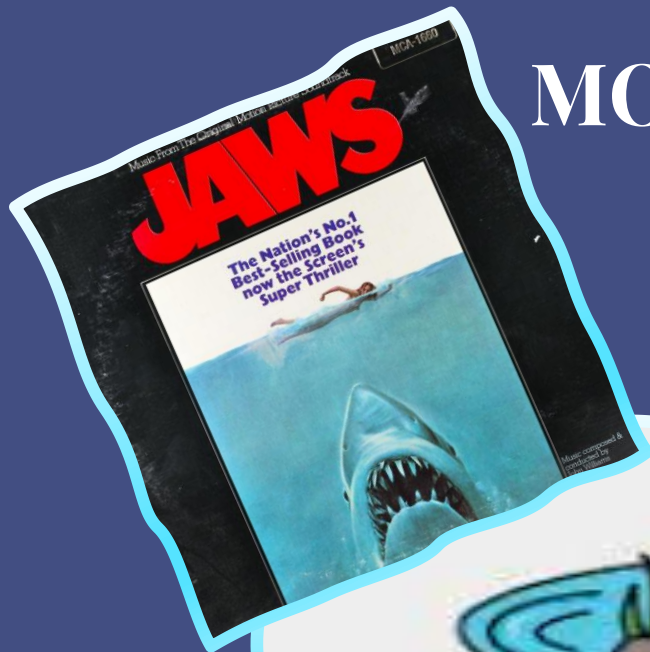


Paint & Vibe



**Saturday, September 5th
in the Student Center
7:00 – 10:00 pm**

Click [HERE](#) to register, only 8 spots available!



MOVIE NIGHT by the CA Pond!

Saturday September 5th

7:00 – 10:00 pm





HIKE THE SLEEPING GIANT TO A CASTLE!

Sunday, September 6th
1:00 – 3:00 PM

Click [HERE](#) to register, only 8 spots available

YOU deserve to RELAX!

Come by the Student Center

Monday, September 7th 1:00 – 3:00 pm

Plant and decorate
a succulent
for your
room



Make a stress ball



SHOPPING ANYONE?

Monday, Sept 7th

1:00 pm-5:00 pm

Meriden Mall and Target

Click [HERE](#) to register, only 8 spots available



Virtual Community Service Opportunity!



Monday, Sept 7th
2:00 pm–3:00 pm
Via **Zoom**

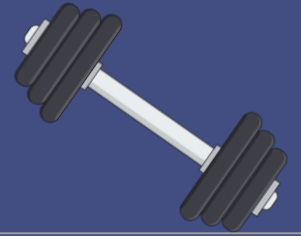
Send letters to healthcare workers,
elderly, & other essential workers

HOW ABOUT A FRIENDLY GAME OF KICK BALL???



MONDAY
SEPTEMBER 7TH
3:00 – 5:00 PM
SEVIGNY FIELD

OPEN FITNESS CENTER THIS WEEKEND



Friday, September 4th	7:00pm - 8:30pm
Saturday, September 5th	1:00pm - 3:00pm & 7:00pm- 8:30pm
Sunday, September 6th	1:00pm - 3:00pm
Monday, September 7th	10:00am - 12:00pm

OPEN GYM THIS WEEKEND



Friday, September 4th

8:30pm- 10:00pm

Saturday, September 5th

3:00pm- 5:00pm
&
8:30pm- 10:00pm

Sunday, September 6th

3:00pm- 5:00pm

Monday, September 7th

3:00pm - 5:00pm