

## Sports Medicine Rehabilitation Policy &amp; Procedure for Students

## Purpose:

Focused rehabilitation is a crucial component of the injury/surgical recovery process. The Cheshire Academy Athletic Training Staff is comprised of highly skilled healthcare professionals trained in the prescription and implementation of orthopedic and concussion rehabilitation and are available to treat students on an appointment basis. In order to reach the goal of returning to activity, it is imperative that students in the rehabilitation program are committed to compliance.

## Procedure:

Students may be placed in the rehabilitation program by physician referral or by discretion of the athletic trainer. During the first appointment, the AT and student will agree on a time and frequency of visits followed by an acknowledgment of time commitment form. The student may be discharged from the rehabilitation program upon full completion and readiness to return to activity or by the discretion of the AT.

- After the first appointment cancellation or “no-show”, the student is reminded of the time commitment and that an official note will be sent if there is another instance.
- Two cancellations or “no-shows” will result in an athletic official note.
- Three cancellations or “no-shows” will result in an athletic official note and discharge from the rehabilitation program.